



Taping and Strapping Product Catalogue

About Essity

Essity is a global hygiene and health company specialising in the areas of Orthopaedics, Wound Care, Lymphology and Continence with brands such as **Actimove®**, **Leukoplast®**, **JOBST®**, **Cutimed®**, **Delta-Cast®** and **TENA®**.

We are focused on the development of world-class, branded products that offer high quality solutions which are well-known in professional sports medicine, with long-term product confidence recognised by Clinicians, Physiotherapists and Sports Therapists alike. Taping and strapping products such as **Strappal®** and **Lightplast® Pro** are used in daily practice, match days and to support the recovery of both injured players and sports enthusiasts.

Please visit our website for further product information - www.medical.essity.co.uk



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Tensoplast®

Elastic adhesive bandage

Tensoplast EAB is a natural unbleached, undyed elastic bandage. Its porous material allows the skin to breathe and is cool and comfortable to wear. Tensoplast EAB has distinctive yellow central line to support accurate overlap during application, suitable for use on soft tissue injuries such as sprains and strains, joint stabilisation, posture-improvement and also elasto-compressive treatment in phlebology. Not suitable for use on patients with a known intolerance to latex or colophony.



- Easy to unwind
- Soft non-fraying edges
- Remains securely in place with continuous reliable adhesion
- Individually boxed
- Contains dry and natural rubber latex

Product code	Size	Sales unit	Case quantity	PIP code	NHS SC code
72050-32	5cm x 4.5m*	1 x 12	6 x 12	033-1751	ECG013
72050-36	7.5cm x 4.5m*	1 x 12	6 x 12	033-1769	ECG015
72050-29	10cm x 4.5m*	1 x 12	6 x 12	033-1777	ECG017

*Available on Drug Tariff.

Tensoplast® LF

Elastic adhesive bandage

Tensoplast LF is a natural unbleached, undyed elastic bandage. Its porous material allows the skin to breathe and is cool and comfortable to wear. Tensoplast LF has distinctive yellow central line to support accurate overlap during application, suitable for use on soft tissue injuries such as sprains and strains, joint stabilisation, posture-improvement and also elasto-compressive treatment in phlebology.



- Easy to unwind
- Soft non-fraying edges
- Remains securely in place with continuous reliable adhesion
- Individually boxed
- Latex-free

Product code	Size	Sales unit	Case quantity
76232-00	5cm x 4.5m	1 x 12	6 x 12
76232-01	7.5cm x 4.5cm	1 x 12	6 x 12
76232-02	10cm x 4.5cm	1 x 12	6 x 12

Tensoplast®

Elastic adhesive plaster

Tensoplast EAP is a beige-coloured plain woven fabric designed for compressive strapping and taping of soft tissue injuries such as sprains and strains, joint stabilisation, posture-improvement and also elasto-compressive treatment in phlebology. Not suitable for use on patients with a known intolerance to latex or colophony.

- Lengthwise stretch allows the joints to move
- Easy to unwind
- Remains securely in place with continuous reliable adhesion
- Can be cut to length
- Contains dry and natural rubber latex

Product code	Size	Sales unit	Case quantity	PIP code	NHS SC code
72050-58	2.5cm x 4.5m*	1 x 12	12 x 12	217-0678	EHQ003

*Available on Drug Tariff.



Lightplast® Pro

Tearable elastic adhesive bandage

Lightplast Pro is a lightweight, elastic, adhesive bandage available in black or white, ideal for compression and support of soft tissue injuries. It is also suitable for stabilising joints for injury prevention or stabilisation after cast removal, as well as posture improvement and elasto-compressive treatment in phlebology. Lightplast Pro is easy to unwind and hand-tearable, making it particularly suitable for immediate treatment of sports injuries. Not suitable for use on patients with a known intolerance to dry natural rubber latex.

- Conforms well to body contours
- Reliable adhesion
- Contains dry and natural rubber latex

Product code	Size	Colour	Sales unit
76956-00	5cm x 6.8m	White	1 x 24
76957-00	7.5cm x 6.8m	White	1 x 16
72880-00	5cm x 4.5m	Black	1 x 24
72881-00	7.5cm x 4.5cm	Black	1 x 16



Tensoplast®

Elastic adhesive bandage

Tensoplast is an elastic adhesive bandage which provides strong compression and long-lasting support. It is made of 100% white cotton fabric, is water-repellent, easy to unwind and coated with a dry natural rubber adhesive for excellent initial and long-term adhesion. Tensoplast is ideal for compression strapping and taping of soft tissue injuries such as sprains and strains. It is also suitable for use in stabilising joints, both for injury prevention and after cast removal. It is not suitable for use on patients with a known intolerance to latex.

- Excellent initial and long-term adhesion
- Can be moulded to match body contours
- Suitable for dressing fixation
- Contains dry and natural rubber latex

Product code	Size	Sales unit
02114-00	2.5cm x 4.5m	1 x 36
02115-00	5cm x 4.5m	1 x 36
02117-00	7.5cm x 4.5m	1 x 36





Leukotape® K

Elastic kinesiology tape

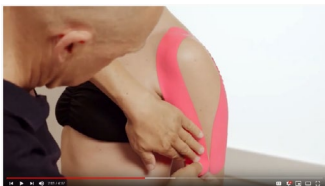
Leukotape K is a stretchable tape suitable for use in kinesiology taping techniques, such as in the management of lymphoedema and muscular pain. The tape is applied using specific techniques, whereby tape is applied over and around muscles to give support, without affecting circulation or range of motion. In this way Leukotape K promotes the body's own healing process whilst allowing complete freedom of movement. Leukotape K is constructed from a highly elastic cotton substrate coated with a wave pattern adhesive which works with the skin's natural elasticity and generates the therapeutic effect. The fabric is elastic, water-repellent, offers reliable adhesion and is durable for up to nine days use.



- Protective backing paper for control of extension and ease of handling
- Quick and easy to apply and to cut, leaving no residue on the scissors
- No fraying edges after cutting or at stretch
- Breathable fabric, permeable to air and water vapour
- Residue-free removal
- Latex-free formulation
- Skin friendly

Product code	Size	Colour	Sales unit	Case quantity	NHS SC code
72978-10	2.5cm x 5m	Beige	1 x 5	10 x 5	FNG2066
72978-11	5cm x 5m	Beige	1 x 5	10 x 5	FNG2067
72978-12	7.5cm x 5m	Beige	1 x 5	8 x 5	FNG2069
72978-15	2.5cm x 5m	Red	1 x 5	10 x 5	FNG2070
72978-16	5cm x 5m	Red	1 x 5	10 x 5	FNG2071
72978-17	7.5cm x 5m	Red	1 x 5	8 x 5	FNG2072
72978-20	2.5cm x 5m	Blue	1 x 5	10 x 5	FNG2073
72978-21	5cm x 5m	Blue	1 x 5	10 x 5	FNG2074
72978-22	7.5cm x 5m	Blue	1 x 5	8 x 5	FNG2075
72978-23	5cm x 5m	Black	1 x 5	10 x 5	FNG2076
72978-25	5cm x 5m	Pink	1 x 5	10 x 5	FNG2077

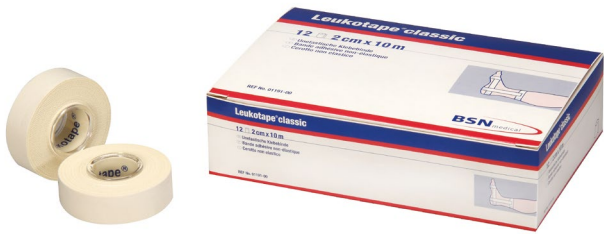
For application tips & tricks, visit the Leukotape K YouTube® Playlist



Leukotape® Classic

Non-elastic adhesive strapping tape

Leukotape Classic is a rigid strapping tape designed to provide strong support and effective stabilisation to sports injuries such as sprains and strains, and is suitable for use in stabilising and protecting weak joints or ligaments. Made of 100% cotton fabric, with a zinc oxide adhesive, Leukotape Classic offers reliable adhesion.



It contains dry natural rubber latex so not suitable for use on patients with a known intolerance to latex or colophony.

- High tensile strength, providing rigid support
- Easy unwinding
- Tearable in both length and crosswise direction
- Water-repellent backing material

Product code	Size	Sales unit	PIP code
01700-00	2cm x 10m	1 x 5	359-1336
01701-00	3.75cm x 10m	1 x 5	359-1344
01703-00	5cm x 10m	1 x 5	359-1351

Leukotape® P

Strong adhesive rigid strapping tape

Leukotape P is a strong, rigid strapping tape with a zinc oxide adhesive. It is designed for functional taping as treatment and prevention of injuries to muscles, ligaments and joints. Leukotape P unwinds easily, has serrated edges to prevent fraying and allows free air circulation to the skin. It contains dry natural rubber latex so not suitable for use on patients with a known intolerance to latex or colophony.



Also available in a combi pack which contains a roll of Leukotape P along with a roll of Fixomull® and includes full instructions for application of the McConnell patellofemoral taping technique.

Product code	Size	Pack	Sales unit	Case quantity	PIP code	NHS SC Code
76067-00	Combi Pack	Leukotape® P and Fixomull®	1 x 1	1 x 10	020-3927	-
76169-00	Solo Pack	Leukotape® P 3.75cm x 13m	1 x 6	-	359-1369	FNG1160
76168-00	Individual box	Leukotape® P 3.8cm x 13.7m	1 x 1	1 x 30	-	-

Strappal®

Hypoallergenic rigid strapping tape

Strappal provides strong support and efficient stabilisation of joint structures. It is constructed from a hand-tearable, viscose fabric combined with a zinc oxide adhesive. The hypoallergenic adhesive minimises the risk of reaction for the patient.



- Allows radiological examination without removal
- Serrated edges to prevent fraying
- Consistent unwinding tension
- Latex-free formula

Product code	Size	Pack	Sales unit	Case quantity	PIP code	NHS SC code
71496-15	1.25cm x 10m	Tray	1 x 36	-	217-1049	EHK151
71487-00	2.5cm x 10m	Tray	1 x 36	-	217-1056	EHK153
71490-00	4cm x 10m	Tray	1 x 24	-	217-1064	EHK158
71493-00	5cm x 10m	Tray	1 x 18	-	217-1072	EHK155
71494-01	7.5cm x 10m	Tray	1 x 6	-	217-1080	EHK159
71496-18	2.5cm x 10m	Individual box	1 x 1	1 x 30	-	-
71496-19	4cm x 10m	Individual box	1 x 1	1 x 90	-	-
71495-01	5m x 10m	Individual box	1 x 1	1 x 72	-	-



Co-Plus®

Flexible cohesive bandage

Co-Plus is a flexible cohesive bandage designed to provide short term compression for soft tissue injuries. It can also be used in conjunction with other products such as fixation of wound dressings and in the treatment of venous leg ulcers as part of a multi-layer bandage system, layer #4. Co-Plus maintains its original size and does not shrink over time, providing consistent support and compression. It's air-permeable materials allow the skin to breathe and reduce the potential for skin maceration. Not suitable for use on patients with a known intolerance to dry natural rubber latex.

- Adheres only to itself, not to dressing or clothes
- Secure, non- slip, retains cohesiveness in use
- Contains dry and natural rubber latex

Product code	Size	Colour	Case quantity	PIP code	NHS SC code
72100-08	5cm x 6.3m	Beige	1 x 36	022-0640	ECD037
72100-09	7.5cm x 6.3m	Beige	1 x 24	022-0657	ECD038
72100-04	10cm x 6.3m	Beige	1 x 18	022-0665	ECD035
72100-05	15cm x 6.3m	Beige	1 x 12	022-0673	ECD036
72101-09	5cm x 6.3m	White	1 x 36	022-1051	ECD044
72101-10	7.5cm x 6.3m	White	1 x 24	022-1085	ECD045
72101-05	10cm x 6.3m	White	1 x 18	022-1093	ECD043
72102-04	5cm x 6.3m	Mixed*	1 x 36	301-3703	ECD048
72102-03	7.5cm x 6.3m	Mixed*	1 x 24	022-1341	ECD047
72102-02	10cm x 6.3m	Mixed*	1 x 18	022-1457	ECD046
72102-23	10cm x 6.3m	Dark blue	1 x 18	-	ECD050
72102-05	10cm x 6.3m	Green	1 x 18	-	ECD049

*Mixed colour pack contains: blue, light blue, red, purple, neon pink and neon green.



Co-Plus® LF

Latex-free formula cohesive bandage

Co-Plus latex-free is a flexible cohesive bandage designed to provide short term compression for soft tissue injuries. It can also be used in conjunction with other products such as fixation of wound dressings and in the treatment of venous leg ulcers as part of a multi-layer bandage system, layer #4. Co-Plus maintains its original size and does not shrink over time, providing consistent support and compression. It's air-permeable materials allow the skin to breathe and reduce the potential for skin maceration.

- Adheres only to itself, not to dressing or clothes
- Secure, non- slip, retains cohesiveness in use

Product code	Size	Colour	Case quantity	PIP code	NHS SC code
72100-17	7.5cm x 4.5m	Beige	1 x 24	349-8508	ECD047
72100-18	10cm x 4.5m	Beige	1 x 18	349-8516	ECD019
72100-19	15cm x 4.5m	Beige	1 x 12	349-8466	ECD040
72100-20	7.5cm x 4.5m	Mixed*	1 x 24	349-8490	ECD041
72100-21	10cm x 4.5m	Mixed*	1 x 18	359-8458	ECD042

*Mixed colour pack contains: blue, light blue, red, purple, neon pink and neon green.



Tensoplus®

Cohesive retention bandage

Tensoplus is an elastic cohesive bandage is used for the compression and support of muscles and joints for medical and sports purposes, as well as in the treatment of oedema and for phlebology. It is also suitable for the use in the fixation of wound dressings as well as devices such as splints, tubes and paddings. Its natural rubber latex covering means that the bandage sticks to itself by simple pressure. Tensoplus is a reusable bandage which can be washed up to 5 times. Not suitable for use on patients with a known intolerance to dry natural rubber latex.

- Adheres on itself and not on the skin
- Stretchable backing and woven to prevent fraying
- Repositionable
- Hand-tearable

Product code	Size	Sales unit	Case quantity	PIP code
72097-06	8cm x 3m	1 x 1	1 x 80	217-1098
72097-07	10cm x 3m	1 x 1	1 x 80	217-1106



Soffcrepe®

Type 2 crepe bandage

Soffcrepe is a woven, non-sterile, non-adhesive elastic crepe bandage. It is designed to provide light compression in oedema management and light support in the treatment of minor soft tissue and joint injuries such as sprains and strains. Soffcrepe can also be used to secure dressings as well as fixation of casts or splints.

- Air-permeable
- Finished woven edges, non-fraying
- Anti-slip behaviour, inter-layer adhesion helps to keep the bandage in place
- Latex-free formula

Product code	Size	Sales unit	Case quantity	PIP code	NHS SC code
72090-15	5cm x 4.5m*	1 x 12	12 x 12	237-2217	ECA711
72090-16	7.5cm x 4.5m	1 x 12	12 x 12	-	ECA713
72090-17	10cm x 4.5m*	1 x 12	12 x 12	355-0811	ECA265
72090-18	15cm x 4.5m*	1 x 6	12 x 6	237-2183	ECA717

*Available on Drug Tariff.



Elastocrepe®

Cotton crepe bandage

Elastocrepe is a beige coloured woven cotton crepe bandage made from cotton and viscose. It provides light support in the treatment of sprains and strains and light compression for oedema management. It is suitable for securing dressings as well as fixation of casts or splints.

- Air-permeable
- Central yellow line for accurate overlap
- Soft non-fraying edges
- Includes clip

Product code	Size	Sales unit	Case quantity	PIP code
72082-47	5cm x 4.5m	1 x 12	25 x 12	000-9746
72082-49	7.5cm x 4.5m*	1 x 12	24 x 12	033-2619
72082-43	10cm x 4.5m*	1 x 12	16 x 12	033-2627
72082-67	15cm x 4.5m	1 x 6	20 x 6	000-9761

*Available on Drug Tariff.



Tensogrip®

Elasticated tubular support bandage

Tensogrip is made from circular-knitted, seamless elastic fabric. It provides light support for the treatment of minor soft tissue and joint injuries and light compression for the reduction of swelling. Tensogrip is also suitable to secure wound dressings as well as protecting the skin from casting material when used as an undercast bandage. Contains natural rubber latex, do not use on patients with a known latex allergy.

- Air-permeable
- Easily cut to size

Product code	Size	Sales unit	Case quantity	PIP code
71513-00	A. 4.5cm x 10m	1 x 1	1 x 12	017-5042
71514-00	B. 6.25cm x 10m	1 x 1	1 x 12	017-5521
71519-00	C. 6.75cm x 10m	1 x 1	1 x 12	017-5570
71515-00	D. 7.5cm x 10m	1 x 1	1 x 12	017-5760
71520-00	E. 8.75cm x 10m	1 x 1	1 x 12	017-5810
71516-00	F. 10cm x 10m	1 x 1	1 x 6	017-5992
71521-00	G. 12cm x 10m	1 x 1	1 x 6	017-6180
71517-00	J. 17.5cm x 10m	1 x 1	1 x 9	-
71523-00	K. 21.5cm x 10m	1 x 1	1 x 9	-
71522-00	L. 32.5cm x 10m	1 x 1	1 x 2	017-6586



Tensoshape®

Pre-shaped tubular support bandage

Tensoshape is a tubular elastic support bandage with a seamless design. It provides light support or compression for minor soft tissue and joint injuries. It is suitable for use securing wound dressings or to protect the skin from cast material when used as an undercast bandage. Contains natural rubber latex, do not use on patients with a known latex allergy.

- Quick and easy to apply
- Easily cut to size
- Air permeable

Product code	Size	Sales unit	PIP code
72085-01	Below Knee C/D Medium	1 x 10	217-1189
72085-00	Below Knee D/E Large	1 x 10	217-1197
72085-06	Full Leg B/D Small	1 x 10	217-1205
72085-05	Full Leg C/E Medium	1 x 10	217-1239
72085-04	Full Leg D/F Large	1 x 10	217-1247
72085-03	Full Leg E/G Extra Large	1 x 10	217-1254



Tensospray® by Actimove®

Protective adhesive spray

Tensospray is a clear spray which leaves a thin protective film over the surface of the skin. It is used to help the adherence of tapes and bandages to the skin, as well as providing a protective layer before application of pre-wrap tape to elastic adhesive bandages.

Product code	Size	Sales unit	Case quantity	PIP code
71602-00	300ml	1 x 12	1 x 12	217-1122



Tensoban®

Polyurethane foam underwrap / pre-tape

Tensoban is a thin polyurethane protective wrap for use under bandages and strapping tapes to protect the skin during removal. Tensoban has self-adherent properties to minimise slipping, it can also be used with an adhesive protective spray such as Tensospray®.

- Permeable to air and water vapour
- Hand-tearable
- Lightweight and highly conformable

Product code	Size	Sales unit	Case quantity	PIP code
71500-08	7cm x 20m	1 x 12	9 x 12	217-1114



Physiopack®

Reusable hot / cold pack

Actimove® Physiopack® is a re-usable gel pack providing both hot and cold therapy.
Cooling treatment - for acute soft tissue injuries, inflammation and chronic diseases such as osteoarthritis and rheumatoid arthritis.
Heat treatment - for treatment of muscle pains, subacute inflammations such as arthritis and soft tissue stiffness.



Supplied with a fleece pouch which holds the pack in place thanks to the elastic strap and hook and loop fixing.
Easy to cool in a freezer or fridge to allow for immediate cold treatment.
Heat up in a microwave or in hot, but not boiling water.

Do not apply Actimove® Physiopack® with:
Cold Therapy - Impaired circulation, Raynaud’s disease, Cryoglobulinemia, Paroxysmal cold haemoglobinuria, cold urticaria
Hot Therapy - Impaired circulation, Neoplasm, sensory problems, acute trauma, bleeding, acute inflammation, acute oedema

Product code	Sales unit	Case quantity	PIP code	NHS SC code
72075-16	1 x 12	1 x 12	048-3537	EAZ646

Leukotape® Foam

Foam padding

Leukotape Foam is a non-sterile, textile laminated foam rubber padding. It is suitable for supporting orthopaedic treatment providing a uniform pressure around bony prominences on areas at risk of pressure damage, such as under casts, braces or taping and bandaging techniques. It is not suitable for use on patients with a known intolerance to latex.

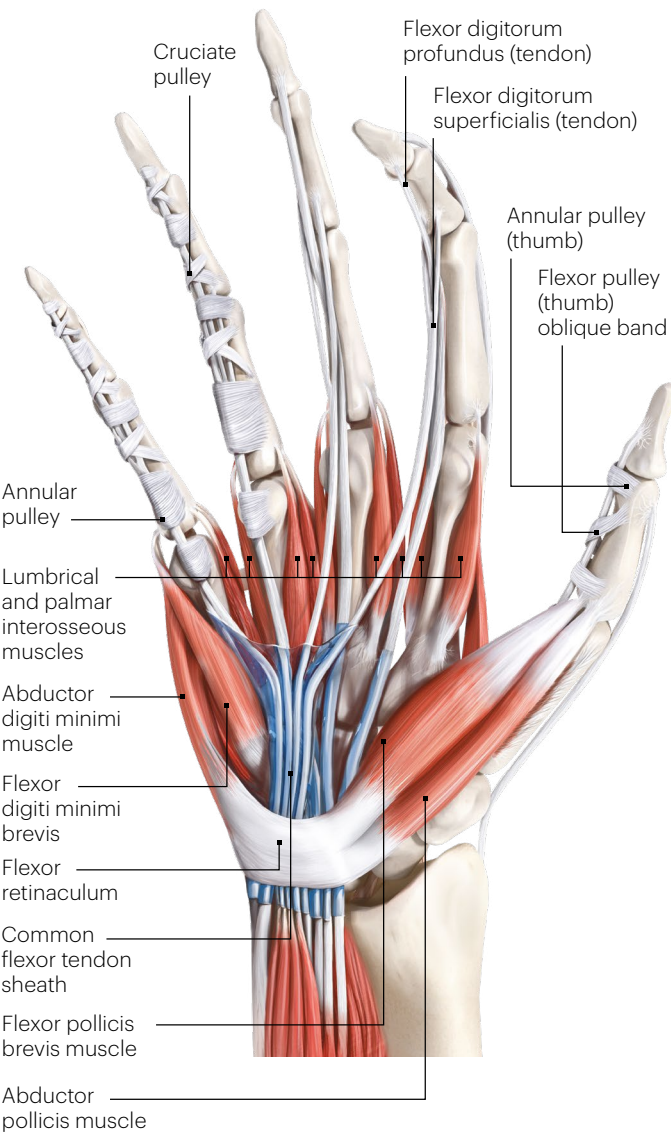
- Sheets can be easily cut to the required shape and size
- Flexible and easy to apply on intact skin
- Contains natural rubber latex

Product code	Size	Sales unit	PIP code
09776-00	30cm x 20cm x 4mm	1 x 10	359-1385

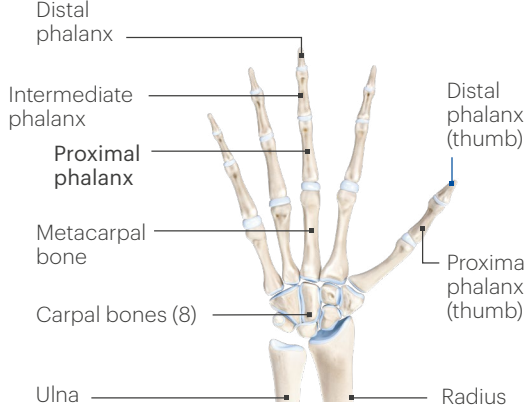


Hand

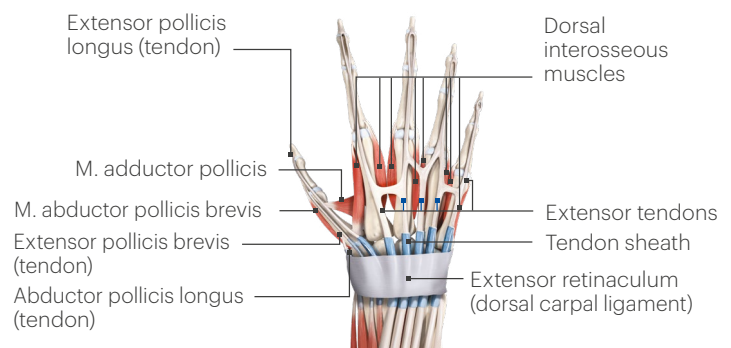
Muscles and flexor tendons – palmar view



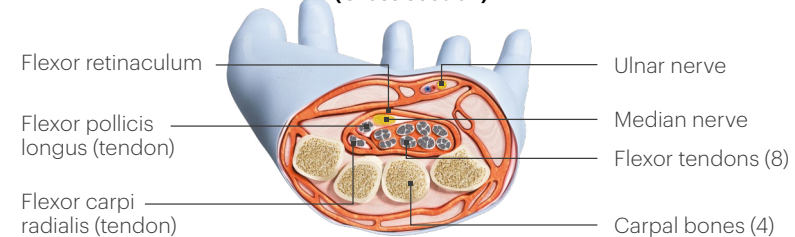
Skeleton of the Hand (Palmar view)



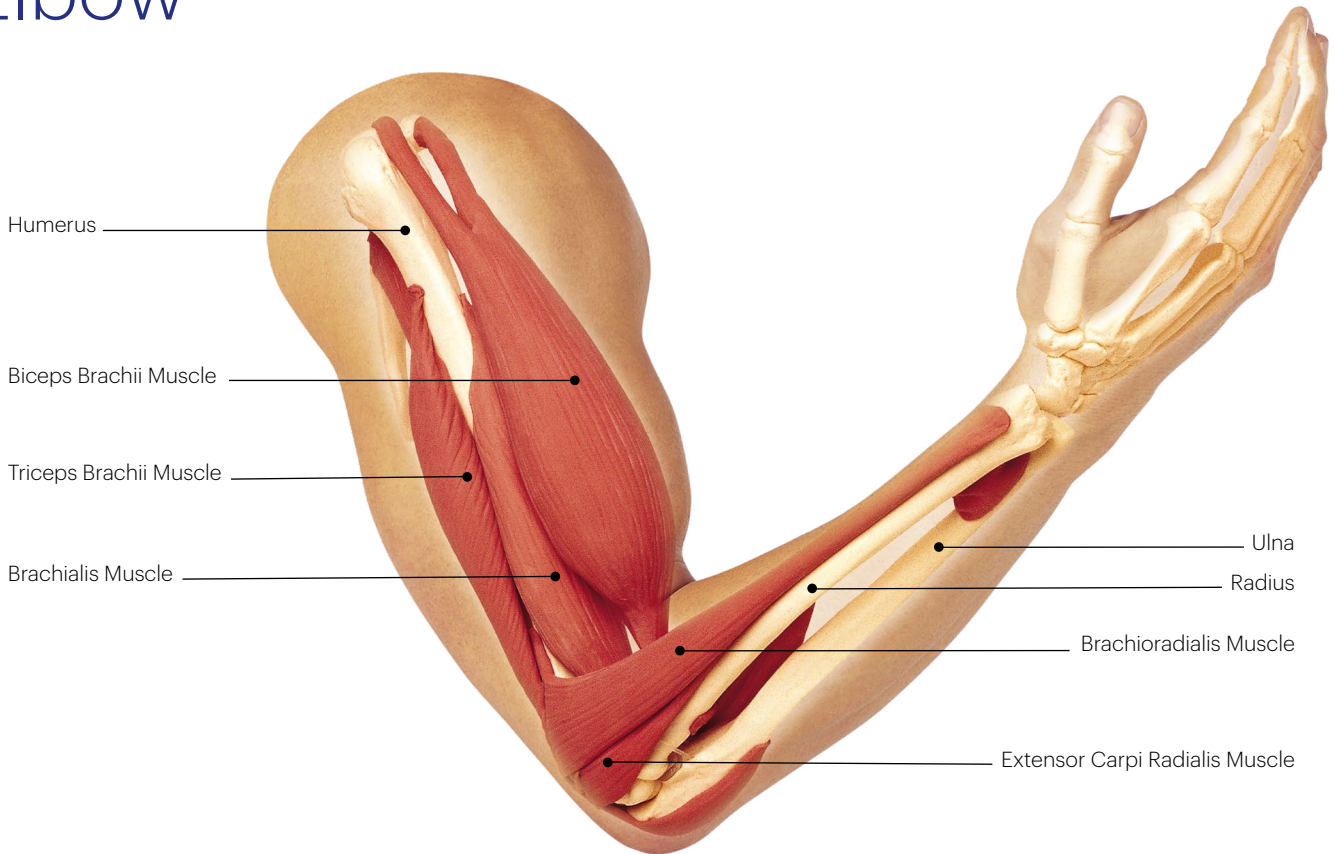
Extensor tendons of the Hand (Dorsal view)



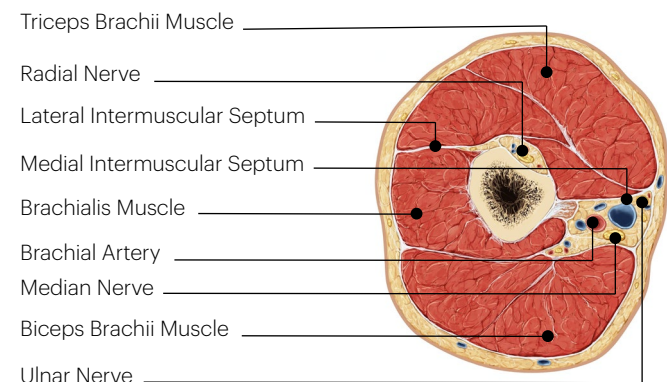
The Carpal Tunnel (Cross section)



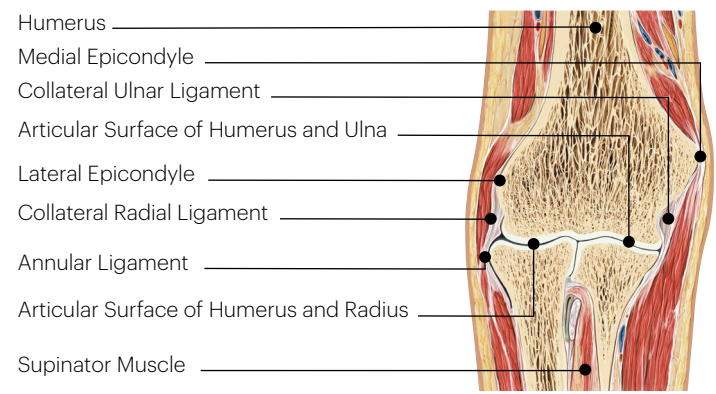
Elbow



Cross section of the upper arm

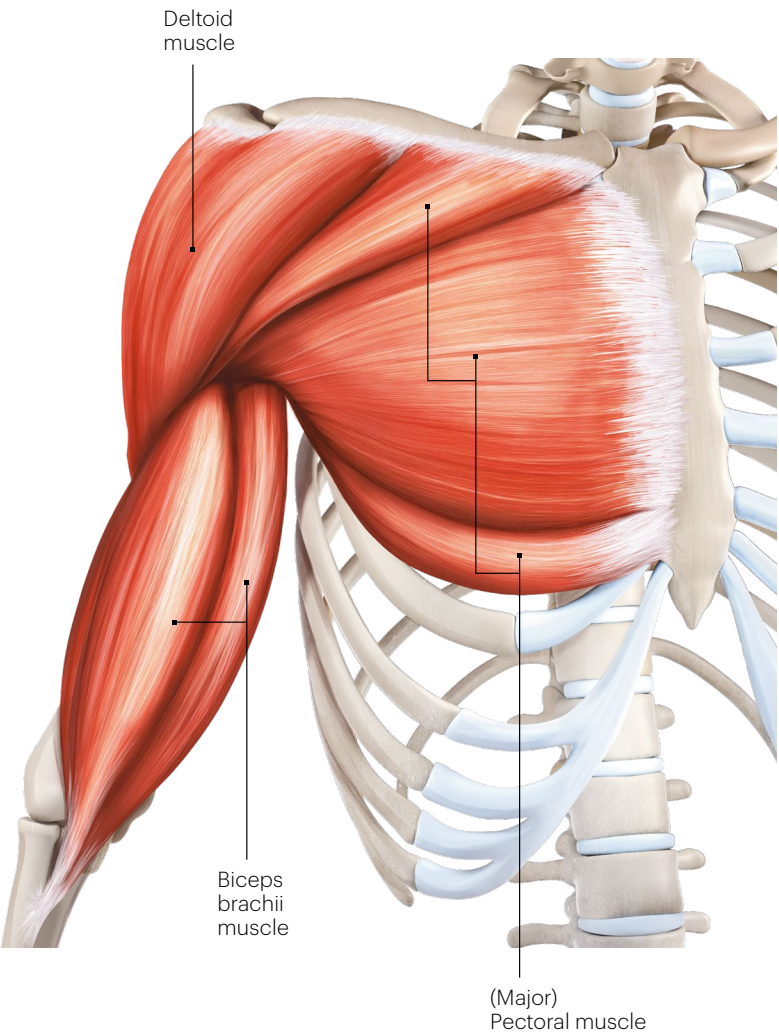


The elbow joint (ventral view)



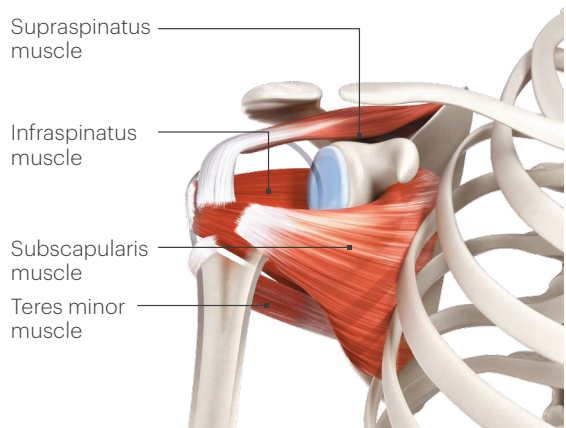
Shoulder

Superficial muscles



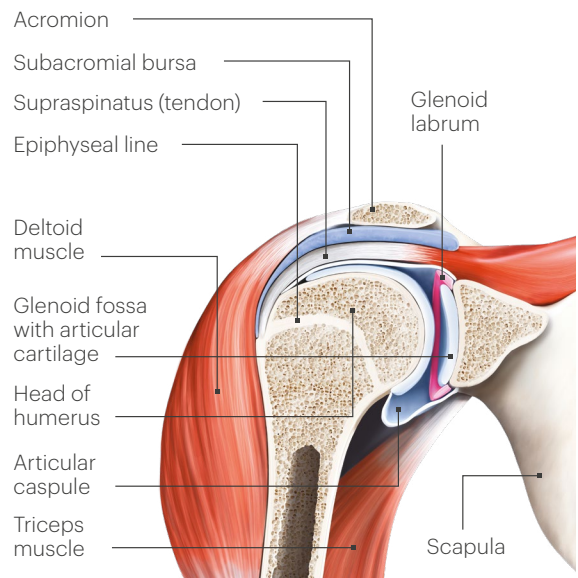
The Shoulder

(Muscles of the rotator cuff)



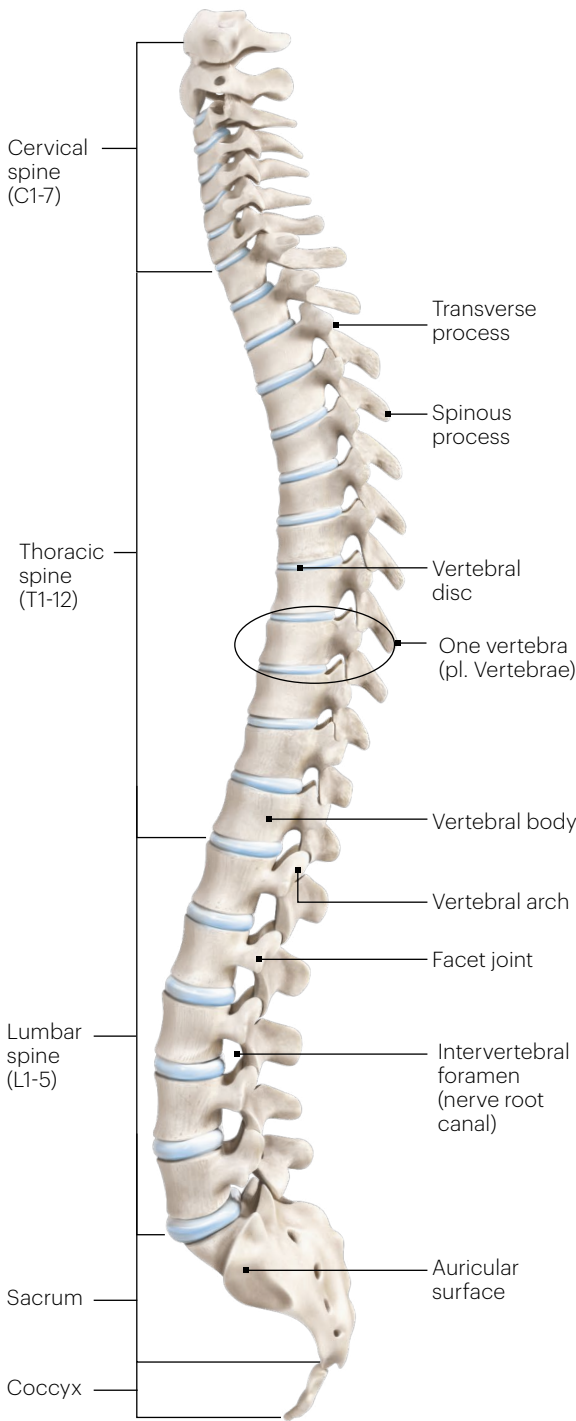
The Shoulder

(Cross section)



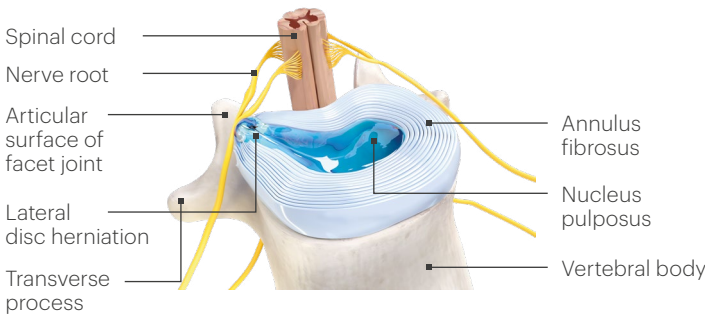
Spine

Lateral view



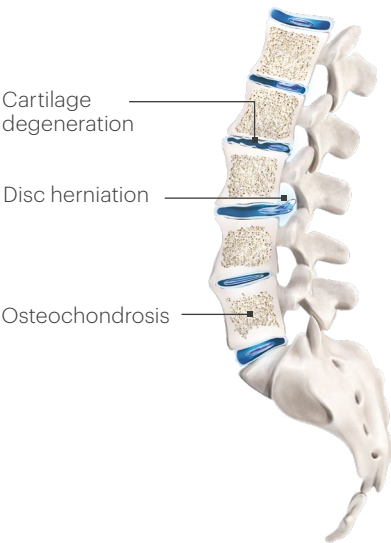
Vertebral Disc Herniation

(Lateral herniation)



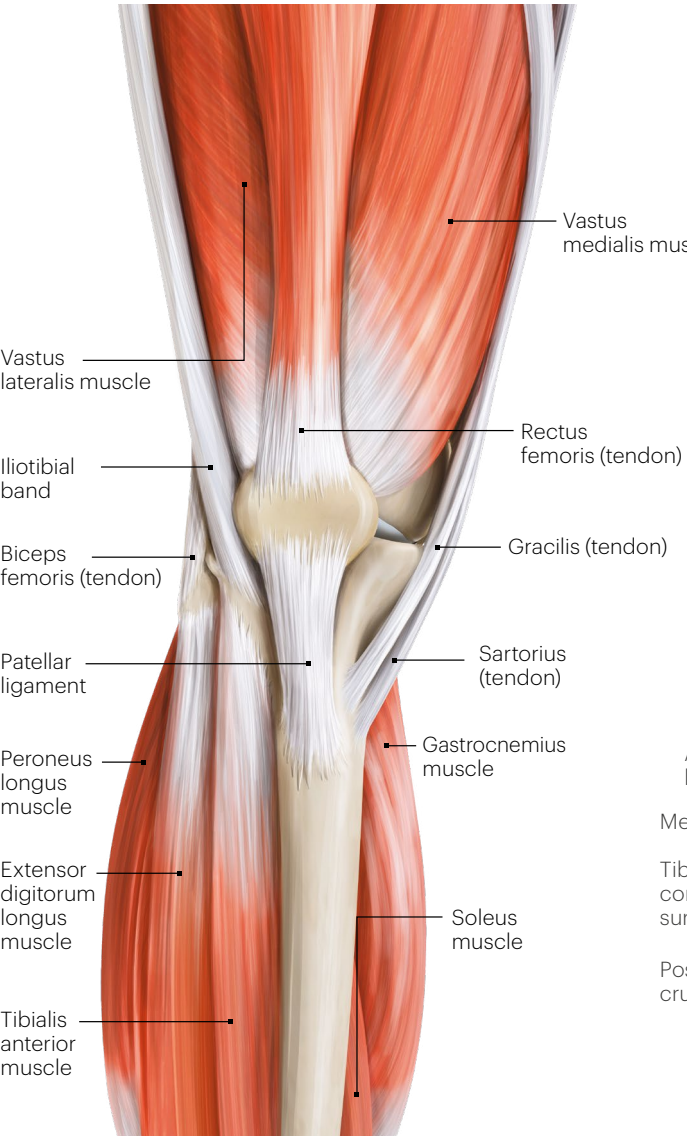
Lower Spine

(Partial section showing several pathoses)

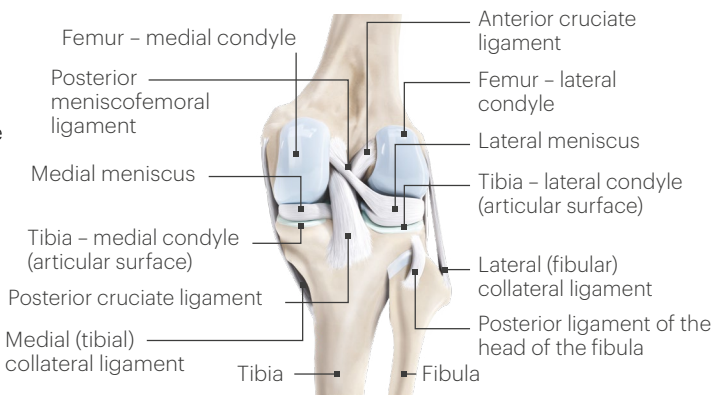


Knee

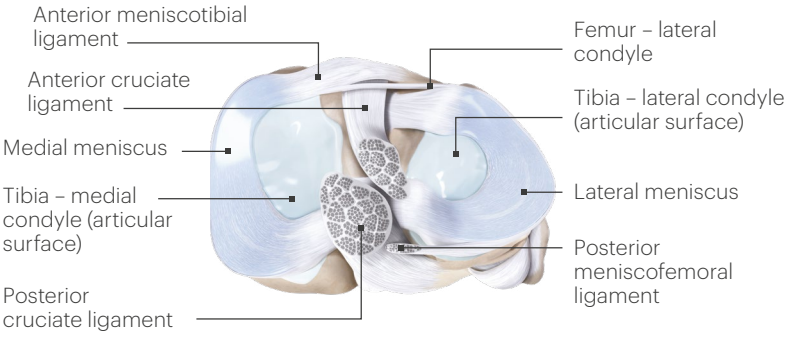
Muscles and tendons – frontal view



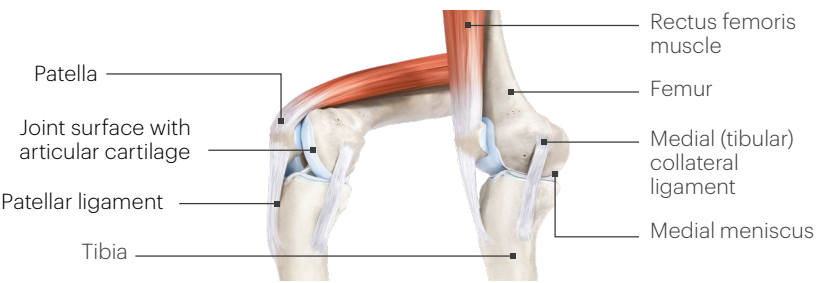
The Knee
(Skeleton and ligaments - dorsal view)



The Tibial Plateau
Top view (from proximal)

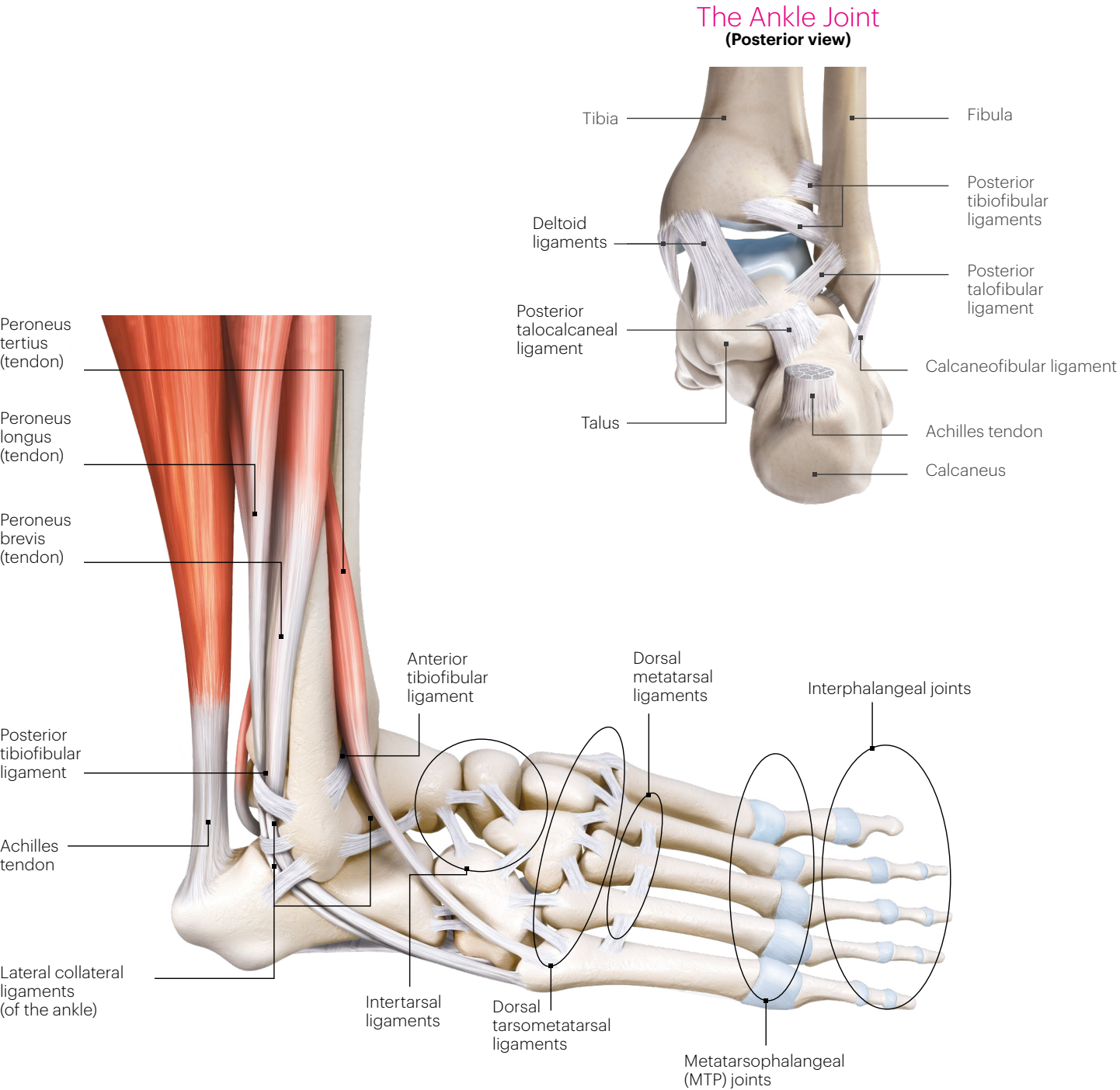


The Knee Joint
(Flexion vs. extension)



Ankle

Tendons and ligaments – lateral view



The Ankle Joint
(Posterior view)

